

W I N T E R 2 0 1 9

# GMU DSO NEWSLETTER

*Issue 2*



## Winter Is Here!

**Happy Spring (Winter?) Semester to all of our DSO members. We hope that you had an enjoyable winter break, spent time with loved ones, and rejuvenated yourselves.**

**The DSO Board wishes you all a successful and enjoyable semester!**

### In this issue....

- ❖ Fall Semester Recap
- ❖ Upcoming DSO events and opportunities
- ❖ DNP & PhD Projects
- ❖ We want to hear from you!



## Fall Semester Recap

### September

We had our first DSO meet & greet of the 2018-2019 academic school year! There was a great mix of students from various stages in their graduate nursing education.

The mixers are a great way to make connections and network with one another. We look forward to seeing you at our first DSO event this year, detailed in the information on the next page!

### October

Graduate students attended the Northern Virginia VCNP Legislative Night. Students had the opportunity to speak with legislators from their districts and lobby for not only support of advanced practice nursing, but also various healthcare initiatives. DSO members also had the privilege of attending a seminar on public speaking skills provided by Dr. Mallinson, PhD.

Also in October, the DSO's canned food drive for the MAP clinics was very successful. Thanks to the many of you who made generous donations to our first ever service project!

### December

The DSO and Sigma had an opportunity to have a mixer! It was a wonderful night filled with fun, food, and the formation of new friendships and professional connections. The DSO and Sigma hope to collaborate for an event this semester as well- more details to follow soon!



## Upcoming DSO Events & Opportunities

### Mentorship Mixer

Our mentorship chair, Jennifer, has been working hard to pair mentees with mentors. The beginning of the semester is the perfect opportunity for pairs to connect! The DSO invites all of you to join us for our Mentorship Mixer. The event will take place at Oh George (right across from the GMU Fairfax campus) on January 29, 2019 at 7:30 PM.

### DSO T-Shirt Sales!

The DSO Board has designed a t-shirt for our members to purchase if they wish. Proceeds will help to support the DSO! Please contact Maite if you are interested in representing the organization in a stylish (and comfy!) way!



## DSO Service Projects: School Supplies & Non-perishable Food Drive

The DSO is sponsoring a service project to collect school supplies for our pediatric patients we see in our MAP clinics, as well as non-perishable food items for all of our patients in need. Please look for an email soon with further detailed information regarding our effort to support the educational and nutritional needs of some of our most vulnerable patients.



## 2019-2020 DSO Board Elections

It's nearly time for DSO elections for the 2019-2020 academic year! Below are important dates to save regarding the upcoming elections. There will be more information to follow shortly!

- ❖ Information sessions: 2/26/19 & 3/19/19
- ❖ Final applications due 3/22/19
- ❖ Voting 3/24/19 – 3/29/19
- ❖ New officers announced 4/5/19
- ❖ Meet & Greet with new officers 4/12/19, 6-8 pm





## Current DNP & PhD Projects

We thought it might be beneficial for our DSO members to share DNP and PhD project titles. Below you will find active DNP projects. While DNPs focus on translational research through implementing evidence-based practice into the clinical setting, PhDs focus on primary research. Look out for some PhD projects in our next newsletter! Please reach out to the DSO Board members if you would like to learn more about any of the projects listed below.

“Identifying Teens with Substance Use One CRAFFT Tool at a Time: A Pediatric Primary Care Implementation Project” – Maite Corbin

“Cognitive Behavioral Therapy for Chronic Insomnia” -Patricia Obeng

“Medication Reconciliation Provider Education” – Francoise Bissai

“Catch-up Developmental Screening During School Physicals for Immigrant Children in a University Nurse-led Clinic: A Quality Improvement Project” -Emilyn Wagner

“Integrating Cultural Competence in School Nursing” -Jennifer Rickerby

“Implementation of a Toolkit to Manage Mild to Moderate Insomnia Using Aromatherapy” Fred Opoku

“Changing Prescribing Habits for the Management of Tympanostomy Tube Otorrhea in the Pediatric Population” Lindsay Huyer

“Usability and Feasibility of an Integrated Mentorship Framework for Implementing The Collaborative Care Model in The Shenandoah Valley” -Rod Kresge

“Optimizing Maternal and Child Health Outcomes: Empowering The Pediatric Primary Care Practice to Implement and Sustain Screening for Postpartum Depression” – Jessica Dunn



## JOIN US!

Joining is both FREE and EASY! Simply visit the organization's website at <https://getconnected.gmu.edu> and follow the instructions provided.



# **We want to hear from you!**

**Our board and committee members are here to support you throughout your educational journey. We want to provide you with guidance in addition to opportunities to grow as graduate students. We warmly welcome any suggestions you have for ways in which the DSO may enrich your experience at GMU. We also appreciate requests for events and speakers.**

**Please be on the lookout for more information regarding the opportunity for DSO members to apply for conference funding.**

**Please email [mcepedaa@masonlive.gmu.edu](mailto:mcepedaa@masonlive.gmu.edu) with your questions, concerns, and suggestions!**

**Happy Spring Semester!!!!**

**Sincerely,**

**THE 2018-2019 DSO BOARD**

